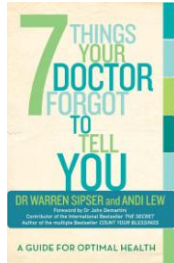




## TWO HANDS AGENCY

Published September 8<sup>th</sup>, 2008



**7 Things Your Doctor Forgot To Tell You, by Dr Warren Sipser and Andi Lew**

Rockpool Publishing RRP \$24.95

Paperback 240 pages

ISBN13: 9781921295126

**7 Things Your Doctor Forgot To Tell You...**a guide for optimal health by Dr Warren Sipser and his television presenter wife, Andi Lew.

- Whether you should vaccinate your child or not can be an extremely difficult decision. Are you asking your doctor enough questions and do you have the full dose on vaccination side effects and alternatives?

The mother of a 6-year-old son with autism, Evan, 6, American actress & model **Jenny McCarthy** has been outspoken about the vaccination controversy, arguing that vaccinations have contributed to the incidence of autism in previously unaffected babies. So — along with Evan and her partner, **comedian Jim Carrey** — she led 8,500 people through the streets Washington DC in an attempt to have health agencies reassess the vaccine schedule and provide vaccines that are less toxic.



*'We wish to state, very clearly, that we are not against all vaccines, but we do believe there is strong evidence to suggest that some of the ingredients may be hazardous and that our children are being given too many, too soon!'*  
- Jenny McCarthy & Jim Carrey

- Do you know about the benefits of Chiropractic care for children? If the twig is bent, so the tree grows and having your child checked as early as birth may prevent problems in their health down the track. Dr Warren Sipser, co-author of 7 Things is finishing a Masters in *Paediatric Chiropractic*. There is only a handful in the world with this qualification.
- Childhood obesity, nutrition, and dairy alternatives are a hot topic amongst parents across the world. Could simple changes in diet help your child with reflux, colic and asthma? 7 Things guides you through the changes you can make in your family's life, NOW.

**Dr Warren Sipser and Andi Lew are available for interviews**

For further information please contact Simone Marshall 0403 091 509 | [simone@twohandsagency.com](mailto:simone@twohandsagency.com) or

Helen Reizer 0412 684 431 | [reizer@optusnet.com.au](mailto:reizer@optusnet.com.au)

7 Things Your Doctor Forgot To Tell You available in all good bookstores or via  
[www.rockpoolpublishing.com.au](http://www.rockpoolpublishing.com.au)



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World-renowned Dr John Demartini, Contributor of the International Bestseller, *THE SECRET* and author of the multiple bestseller *Count Your Blessings* has written the foreword to *7 Things* after an inspired visit to Melbourne where he met with the authors.

*'The knowledge that lies within these following pages will certainly impact your thinking and empower your life,' John said.*

*7 Things* exposes the dangers of our past attitudes of 'if it isn't broke, then don't fix it.' Prevention is about being proactive. It's a paradigm shift from the medical model which is reactive, to a proactive approach - wellness. *7 Things* is an essential scientific guide with 7 easy things you and your family can do to live a greater quality of life.

### **ABOUT THE AUTHORS**



Dr Warren Sipser grew up in Johannesburg, South Africa and worked as a volunteer paramedic whilst studying a double science degree to become a Doctor of Chiropractic. He suffered the loss of his sister to cancer at a young age and her death inspired him to believe prevention is better than cure. Dr Sipser cares for thousands in his practice in Elwood, Victoria, is the Secretary of the CAA Vic and is furthering his studies in a Masters in Paediatric Chiropractic which will make him one of a handful in the world.

Andi Lew is a well known television personality having hosted shows on Channels 7, 9 and 10 following four years on air with MIX101.1. During her early years as a dancer, Andi was plagued with painful sciatica and fainting attacks that prevented her from performing. It was only after years of struggle with these hidden health challenges that she was inspired to embark on a journey toward optimal health. A chance meeting with her now husband, Dr Warren Sipser and her personal journey that followed, led her to a new career path in health and wellness education and television.

Andi discovered the natural secrets to improving health and wellness when all other avenues failed, and these secrets improved both her quality of life and her appearance. Andi then went on to become a qualified Chiropractic Assistant, has worked with some of the best in the profession for over five years, and inspires them with her inspirational speeches at national seminars.

#### **Dr Warren Sipser and Andi Lew are available for interviews**

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